**DZIEŃ 1**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 2**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 3**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 4**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 5**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 6**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..

**DZIEŃ 7**

I śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

II śniadanie (godz.) .............................................................................................................................

 .............................................................................................................................

Obiad (godz.) .............................................................................................................................

 .............................................................................................................................

Podwieczorek (godz.) .............................................................................................................................

 .............................................................................................................................

Kolacja (godz.) .............................................................................................................................

 .............................................................................................................................

Przekąski .……………………………………………………………………………………………………………………..